



VINSCHGAU · SOUTH TYROL

6 Days, 6 Trails.

Guided tours for Natural & E-Bikers with certified guides in small groups

MONDAY
13.07

GOLDSEE, BIM-BAM & MONTONITRAILS

S2/S3

E-BIKE & NATURAL

30 km

⌚ 7 h

3,000 metres of adrenaline descending: this combination of Goldsee, Bim Bam and Montonitrails is not for the faint-hearted. Experienced enduro riders can expect partly rocky sections and alpine trails that require full concentration.

BALDI · 7:15 | SHUTTLE +28 € P.P., CHAIRLIFT (NOT INCLUDED)

⚡ 600 up / 3000 down

TUESDAY
14.07

STILFSER ALM TOUR

GRAVEL/ASPHALT ROADS

E-BIKE

38 km

⌚ 5 h

Want the ultimate panorama? This E-Bike tour in the national park offers you a front-row seat with a direct view of the Ortler. Crown your experience with a stop at the Obere Stilfser Alm and enjoy pure alpine freedom.

NATIONAL PARK HOUSE AQUAPRAD · 9:00

⚡ 1550 up / 1550 down

WEDNESDAY
15.07

PASSO GALLO – VAL MORA

S1/S2

E-BIKE & NATURAL

60 km

⌚ 7 h

Ready for an alpine highlight? After a punchy climb, a long forest track leads over the Passo Gallo to the Livigno reservoir and into the stunning Val Mora. Gravel and natural trails require confident bike handling – a dream tour in a magnificent setting!

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +23 € P.P.

⚡ 950 up / 2200 down

THURSDAY
16.07

HOLY HANSEN & AIGEN TRAIL

S1/S2

E-BIKE & NATURAL

25 km

⌚ 7 h

Pure flow at the top, technically demanding below: the Holy Hansen packs it all in. Combined with the Aigen Trail, which winds varied all the way to Morter, this makes a highlight for true trail enthusiasts.

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +20 € P.P. + GUEST CARD

⚡ 850 up / 1400 down

FRIDAY
17.07

SCHMUGGLERTRAILS ALP CHAMPATSCH

S1/S2

E-BIKE & NATURAL

42 km

⌚ 7 h

From the Ofenpass, epic Smugglers' Trails await: pure flow paired with technically demanding passages. Steps and natural obstacles alternate and require a forward-looking riding style and confident bike handling. Those who have their bike under control in challenging terrain will love this ride!

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +23 € P.P.

⚡ 500 up / 1700 down

SATURDAY
18.07

THREE PEAKS BIKE TOUR

S2/S3

NATURAL

36 km

⌚ 7 h

Three summits and brilliant views meet trails that demand your full attention. The mix of flow and challenging terrain offers the finest riding. A must for all who love summit hunting. (E-Bike by arrangement with guide)

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +18 € P.P., 300 M ELEVATION PUSH/CARRY

⚡ 1400 up / 1900 down

* E-Bike by arrangement with guide.

INFO & REGISTRATION

By 18:00 the day before at accommodation in the Prad holiday area, online or at the Prad Information Office.

info@pradbike.com

+39 0473 616034



CUSTOM TOUR

Is a day tour cancelled? No need to spend the day without a bike. Eugen will plan a custom tour for you on request. Bookings daily between 6pm and 7pm.

+39 340 606 3847

CYCLING MEET-UP

Every **Monday** at **6 pm** at the **Hotel Zentral** with Eugen, the guide from Pradbike.com