



VINSCHGAU · SOUTH TYROL

# 6 Days, 6 Trails.

Guided tours for Natural & E-Bikers with certified guides in small groups



**MONDAY**  
**29.06**

### STILFSER ALM TOUR

GRAVEL/ASPHALT ROADS

E-BIKE

**38** km

🕒 5 h

Want the ultimate panorama? This E-Bike tour in the national park offers you a front-row seat with a direct view of the Ortler. Crown your experience with a stop at the Obere Stilfser Alm and enjoy pure alpine freedom.

NATIONAL PARK HOUSE AQUAPRAD · 9:00

⚡ 1550 up / 1550 down

**TUESDAY**  
**30.06**

### BOCCHETTA DI FORCOLA – VAL MORA

S1/S2

E-BIKE & NATURAL

**70** km

🕒 7 h

A physically demanding high-alpine experience that requires solid riding skills and experience! The steep trail climb to the Forcola is followed by flowing and ⚠️ exposed sections of a military road that demand alpine confidence. Natural trails from Val Mora lead back to the Vinschgau.

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +28 € P.P.

⚡ 1000 up / 2600 down

**WEDNESDAY**  
**01.07**

### MALETTES TOUR

GRAVEL/ASPHALT ROADS

E-BIKE

**61** km

🕒 6 h

Pure nature and culture: after taking in the panorama at Malettes, you explore the peaceful Matschertal valley all the way to its end. On the way back, you immerse yourself in history, passing the Churburg castle and the smallest town in South Tyrol.

NATIONAL PARK HOUSE AQUAPRAD · 9:00

⚡ 1550 up / 1550 down

**THURSDAY**  
**02.07**

### PRADER TRAILS

S1/S2

E-BIKE & NATURAL

**33** km

🕒 5 h

A brilliant mix of action and flow with constant ups and downs, offering plenty of variety. Ideal for those who love smooth lines without extreme obstacles and want to ride the fun, grippy trails right on the doorstep.

NATIONAL PARK HOUSE AQUAPRAD · 9:00

⚡ 950 up / 950 down

**FRIDAY**  
**03.07**

### HOLY HANSEN & AIGEN TRAIL

S1/S2

E-BIKE & NATURAL

**25** km

🕒 5 h

Pure flow at the top, technically demanding below: the Holy Hansen packs it all in. Combined with the Aigen Trail, which winds varied all the way to Morter, this makes a highlight for true trail enthusiasts.

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +20 € P.P. + GUEST CARD

⚡ 850 up / 1400 down

**SATURDAY**  
**04.07**

### GOLDSEE, BIM-BAM & MONTONITRAILS

S2/S3

E-BIKE & NATURAL

**30** km

🕒 7 h

3,000 metres of adrenaline descending: this combination of Goldsee, Bim Bam and Montonitrails is not for the faint-hearted. Experienced enduro riders can expect partly rocky sections and alpine trails that require full concentration.

BALDI · 7:15 | SHUTTLE +28 € P.P., CHAIRLIFT (NOT INCLUDED)

⚡ 600 up / 3000 down

#### INFO & REGISTRATION

By 18:00 the day before at accommodation in the Prad holiday area, online or at the Prad Information Office.

[info@pradbike.com](mailto:info@pradbike.com)

+39 0473 616034



#### CUSTOM TOUR

Is a day tour cancelled? No need to spend the day without a bike. Eugen will plan a custom tour for you on request. Bookings daily between 6pm and 7pm.

+39 340 606 3847

#### CYCLING MEET-UP

Every **Monday** at **6 pm** at the **Hotel Zentral** with Eugen, the guide from Pradbike.com