



VINSCHGAU · SOUTH TYROL

6 Days,
6 Trails.

Guided tours for Natural & E-Bikers with certified guides in small groups

MONDAY

20.07

SUMMIT BIKE TOUR PIZ UMBRAIL

S3

NATURAL

A classic with technically demanding trails in rocky terrain. In the lower section, ⚠ nose pivot turns are mandatory. A must for enduro riders who fancy a short carry section and lots of adrenaline.

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +28 € P.P., 500 M ELEVATION PUSH/CARRY

⚡ 800 up / 2400 down

37 km

⌚ 7 h

TUESDAY

21.07

SUMMIT BIKE TOUR WATLESSPITZE

S2

NATURAL

Big views, real summit feeling: the Watlesspitze rewards with pure panorama. Demanding alpine trails follow for a bike experience that requires technique and concentration. (E-Bike by arrangement with guide)

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +18 € P.P., 300 M ELEVATION PUSH/CARRY

⚡ 1200 up / 1800 down

40 km

⌚ 7 h

WEDNESDAY

22.07

PASSO GALLO – VAL MORA

S1/S2

E-BIKE & NATURAL

Ready for an alpine highlight? After a punchy climb, a long forest track leads over the Passo Gallo to the Livigno reservoir and into the stunning Val Mora. Gravel and natural trails require confident bike handling — a dream tour in a magnificent setting!

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +23 € P.P.

⚡ 950 up / 2200 down

60 km

⌚ 7 h

THURSDAY

23.07

HOLY HANSEN & AIGEN TRAIL

S1/S2

E-BIKE & NATURAL

Pure flow at the top, technically demanding below: the Holy Hansen packs it all in. Combined with the Aigen Trail, which winds varied all the way to Morter, this makes a highlight for true trail enthusiasts.

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +20 € P.P. + GUEST CARD

⚡ 850 up / 1400 down

25 km

⌚ 7 h

FRIDAY

24.07

MALETTES TOUR

GRAVEL/ASPHALT ROADS

E-BIKE

Pure nature and culture: after taking in the panorama at Malettes, you explore the peaceful Matschertal valley all the way to its end. On the way back, you immerse yourself in history, passing the Churburg castle and the smallest town in South Tyrol.

NATIONAL PARK HOUSE AQUAPRAD · 9:00

⚡ 1550 up / 1550 down

61 km

⌚ 6 h

SATURDAY

25.07

VAL BELLA & SCHMUGGLERTRAILS

S2

E-BIKE & NATURAL

From the wild Val Bella over the Smugglers' Trails — physically and technically demanding throughout. An alpine highlight offering a cool mix of flow sections, rocky segments and ⚠ exposed lines — full control required and plenty of adrenaline guaranteed!

NATIONAL PARK HOUSE AQUAPRAD · 9:00 | SHUTTLE +23 € P.P.

⚡ 700 up / 1900 down

48 km

⌚ 7 h

* E-Bike by arrangement with guide.

INFO & REGISTRATION

By 18:00 the day before at accommodation in the Prad holiday area, online or at the Prad Information Office.

info@pradbike.com

+39 0473 616034



CUSTOM TOUR

Is a day tour cancelled? No need to spend the day without a bike. Eugen will plan a custom tour for you on request. Bookings daily between 6pm and 7pm.

+39 340 606 3847

CYCLING MEET-UP

Every **Monday** at **6 pm** at the **Hotel Zentral** with Eugen, the guide from Pradbike.com