



The Venosta High Trail

A unique multi-day hike on the sunny side of the Venosta.



The Venosta High Trail, stretching from the source of the Adige River at Reschen Pass to Juval Castle at the entrance of the Schnalstal Valley, combines various stages into a captivating multi-day hike. The 90-kilometer route follows a mix of existing and new footpaths, ancient irrigation channels (Waalwege) and connecting trails between farmsteads, offering breathtaking views of South Tyrol's highest mountains and the fertile valley below. Thanks to its varied stages, which can easily be spread over several days, the High Trail provides a rich experience for both experienced long-distance hikers and those seeking a more relaxed, scenic journey.

Hiking Package – Venosta High Trail

- 6 overnight stays with breakfast in a double room
- 5 luggage transfers
- 1 Cable car ride up St. Martin
- Hiking map 1:25.000
- Detailed description of the stages
- Service number during the tour
- Guest card for the use of public transportation

from Euro 638,00 per person
(accommodation double room/shower/WC)



Vinschgau Touristik
Ihre Buchungszentrale für den Vinschgau

Bahnhofstraße 36c
I -39024 Mals im Vinschgau
(BZ) – Südtirol

Tel.: +39 0473616742
info@vinschgau-touristik.com
www.vinschgau-touristik.com

	Day tour	Accommodation
	<p>The Venosta High Trail impresses on every stage with scenic, cultural and culinary highlights.</p> <p style="text-align: right;">Duration: 5 days of hiking</p>	<p>Accommodation with breakfast in Reschen</p>
	<p>The first stage leads from Reschen to Planeil, following the Venosta High Trail as well as the picturesque Malser Haide.</p> <p>Hiking time: approx. 6,5 h Ascent: 652 m Distance: approx. 20,5 km Descent: 579 m</p>	<p>Accommodation with breakfast in Planeil</p>
	<p>The second stage leads from Planeil via the Spitzige Lun to Matsch, offering impressive views of the Ortler Group.</p> <p>Hiking time: approx. 4 h Ascent: 730 m Distance: approx. 9,9 km Descent: 745 m</p>	<p>Accommodation with breakfast in Matsch</p>
	<p>The third stage leads from Matsch to Tanas, partly along a Waal (= an old irrigation channel)</p> <p>Hiking time: approx. 6 h Ascent: 689 m Distance: approx. 18,6 km Descent: 718 m</p>	<p>Accommodation with breakfast in Tanas</p>
	<p>The fourth stage runs from Tanas to Schlanders along the Venosta sun mountain, characterized by the dry steppe landscape.</p> <p>Hiking time: approx. 4 h Ascent: 229 m Distance: approx. 13,3 km Descent: 1.064 m</p>	<p>Accommodation with breakfast in Schlanders</p>
	<p>The fifth stage begins with a train ride to Latsch and a cable car ride to St. Martin. From there, you will hike past Juval Castle to Staben.</p> <p>Hiking time: approx. 4 h Ascent: 173 m Distance: approx. 12,7 km Descent: 1.359 m</p>	<p>Accommodation with breakfast in Staben</p>