

Run on ideal altitude from 1470 - 1950 m to 12 run routes marked around the lakes

1. Reschensee round
route distance: 15,39 km
difference in altitude: 145 m
difficulty: blue
running time: 1 h 45 min

2. Haidersee round
route distance: 6,54 km
difference in altitude : 51 m
difficulty: blue
running time: 45 min

3. Trimmdichpfad round
route distance: 3,39 km
difference in altitude : 120 m
difficulty: blue
running time: 35 min

4. Melag round
route distance: 7,6 km
difference in altitude : 124 m
difficulty: blue
running time: 50 min

5. Schlossberg round
route distance: 12,92 km
difference in altitude : 348 m
difficulty: black
running time: 1 h 30 min

6. winter round in St. Valentin
route distance: 13,36 km
difference in altitude : 269 m
difficulty: red
running time: 1 h 30 min

7. winter round in Reschen
route distance: 9,22 km
difference in altitude : 168 m
difficulty: red
running time: 1 h 15 min